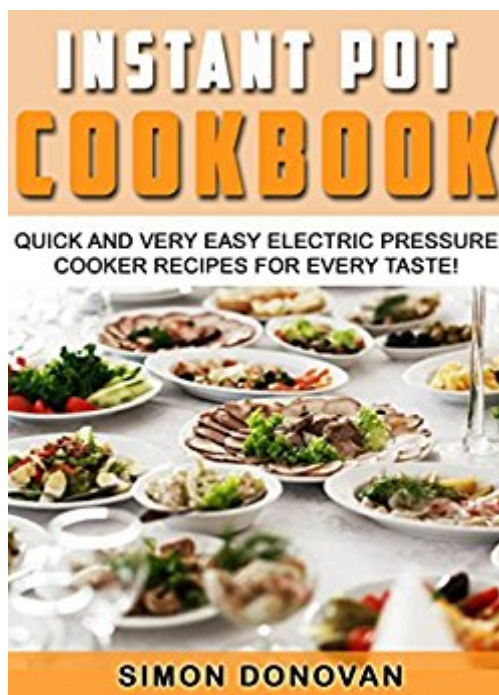


The book was found

Instant Pot Cookbook: Quick And Very Easy Electric Pressure Cooker Recipes For Every Taste (Instant Pot Recipes, Instant Pot Electric, Pressure Cooker, Slow Cooker Book 1)



Synopsis

Use These Guidelines Of Instant Pot Cookbook And Start Treating Your Body How It Deserves Today! Pressure cooking is a popular way to cook food by means of using water inside a sealed container that is called a pressure cooker. The advantage to pressure cooking over other kinds of cooking methods such as frying, grilling, baking, or boiling, is that pressure cooking cooks the food much faster while simultaneously saving energy. Instant Pot is one of the most effective and versatile kinds of pressure cookers. It serves as an electric pressure cooker, a slow cooker, rice cooker, warmer, sauté pan, and steamer all at the same time. In other words, it combines multiple different appliances into one, which will make things significantly more convenient in the kitchen for you. If you've been on the market for a pressure cooker for some time now, the Instant Pot should definitely be your first option. It's quick, it's convenient, it's effective, and it's versatile. But if you're not yet sold on buying an Instant Pot just yet, then this e-book will be exactly for someone like you. In this e-book, we're going to cover many different things about Instant Pot including many of the most delicious recipes that can be made with it. First, we'll discuss how to use instant pot so that you at least have a basic idea of what it is like and realize it's capabilities. You may be intimidated by the idea of using an appliance that essentially combines multiple other kinds of appliances into one, but once we explain how to use the Instant Pot, it will seem a lot less daunting. Next, we'll cover the unique benefits to using instant pot that many other people have found. For example, did you know that all foods you cook in Instant Pot will preserve literally all of their nutrients throughout the cooking process? That's just one of the many pros to the Instant Pot that we will cover. Then, for the rest of this e-book, we will outline and discuss dozens of the best recipes to cook in an Instant Pot machine. We'll cover breakfast, lunch, dinner, dessert, and snack and appetizer recipes to give you the most well rounded list of recipes possible. And since there are so many recipes to choose from, if you don't like one you have numerous other ones to choose from. The primary goal of this e-book is simply to teach you about what Instant Pot is, what it can do, and to provide you with the best recipes to cook in an Instant Pot pressure cooker and how to prepare them. Keep this book as a guide so that you can refer back to it whenever you need to in order to find a new recipe to cook and hopefully enjoy. Here Is A Sneak Peek Of What You Will Learn

How to Use Instant Pot
Benefits of Using Instant Pot
Breakfast Instant Pot Recipes
Lunch Instant Pot Recipes
Dinner Instant Pot Recipes
Dessert Instant Pot Recipes
Snack and Appetizer Instant Pot Recipes
And Much More!

Do Not Wait Any Longer And Get This Kindle Book For Only \$2.99!

Book Information

File Size: 656 KB

Print Length: 74 pages

Page Numbers Source ISBN: 1535508701

Simultaneous Device Usage: Unlimited

Publication Date: July 23, 2016

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B01J0DWFNC

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #505,521 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #40

in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Special Occasions > Tablesetting

#147 in Books > Cookbooks, Food & Wine > Entertaining & Holidays > Tablesetting #324

in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Reference

Customer Reviews

After reading the recipes contained in this book, and trying them, you should become acclimated to making vegan recipes in a pressure cooker. You will free up the oven for other cooking, and on warm days the kitchen will refrain from becoming over-heated, while you can still prepare a healthy vegan dinner. Many of the meals in the book serve as the main meal and could be combined with a salad or bread to complete a sit-down dinner for the entire family.

I have never read such a poorly written cookbook. I can't believe I actually paid money for this one - especially after having read one reviewer state that they were glad they had not paid for it - there must have been a free version at one point. First of all, the book contained primarily soup recipes. I was looking for information on how to cook meat and poultry in a pressure cooker, and there was NO information on the basics of cooking meats. The Lentil Soup recipe didn't list any lentils in the ingredient list. Another recipe was listed only in grams, but the rest of the book used standard cup

measurements. There were so many typos I couldn't believe this book was published by a reputable firm (Union of Onion). The Yogurt recipe referred to jars with no mention of size or type of jars required. The pressure cooker mentioned in the book was a stove-top version, but I am looking for an electric model, so this book was absolutely no help in making my decision. I could kick myself for having spent \$8 on this useless document.

I have only had my IP for a month and this e-book is the perfect addition. It is filled with scrumptious sounding recipes that even a beginner can put together. I like the fact that it is an e-book so it goes where I go. If I am at the store and need dinner ideas, it is there. If I take my IP with me to a hotel or in the camper, the instructions are right there. If I need ideas for a meal for someone, all I have to do is open the app and it is there. I can't wait for the weather to cool down so I can make the numerous different soups included.

I love cooking and collecting cookbooks that's why I grab this book for me to get newly recipes to try. These recipes are healthy, nutritious and delicious food can be as easy as this. In this cookbook, you will have an amazing opportunity to explore the surprising variety of nutritious and delicious recipes that you can make with an electric pressure cooker. Unfortunately, I already knew some of the recipes here.

Recipes didn't sound good or wouldn't work on my low carb no sugar diet.

Got this for free. Some good recipes in here.

With busy lives, many people may find it hard to save time and yet cook full meals at home. However, this book explains how you can quickly make great meals with an instant pot cookbook. The writer has easy to understand instructions and recipes that are easy to make. More importantly, the food tastes great. Definitely worth the read.

I was looking for something easy. My daughter is now going to highschool and I don't have so much time to prepare the food. With this Cookbook I was able to be more effective with the cooking. Time is not a problem any more. This book give you exactly the idea of how long you should cook something if you want to make it perfect

[Download to continue reading...](#)

Instant Pot Cookbook: Quick And Very Easy Electric Pressure Cooker Recipes For Every Taste (Instant Pot Recipes, Instant Pot Electric, Pressure Cooker, Slow Cooker Book 1) Pressure Cooker: 365 Days of Electric Pressure Cooker Recipes (Pressure Cooker, Pressure Cooker Recipes, Pressure Cooker Cookbook, Electric Pressure Cooker ... Instant Pot Pressure Cooker Cookbook) Instant Pot Cookbook: Top 10 Electric Pressure Cooker Recipes: Instant Pot, Instant Pot Cookbook, Instant Pot Recipes : The Best Instant Pot Cookbook for ... cooker, electric pressure cooker recipes) INSTANT POT: 2,500 Instant Pot Pressure Cooker and Slow Cooker Recipes Cookbook (Instant Pot, Instant Pot Recipes, Crockpot Cookbook, Slow Cooker Recipes, ... Pot Dump Meals, Crock Pot Freezer Meals) Instant Pot Cookbook: 500 Instant Pot Recipes Cookbook for Smart People (Instant Pot, Instant Pot Recipes, Instant Pot Recipes Cookbook, Instant Pot Electric Pressure Cooker Cookbook) Instant Pot: 365 Days of Instant Pot Recipes (Instant Pot Cookbook, Instant Pot Slow Cooker, Instant Pot Book, Crock Pot, Instant Pot, Electric Pressure ... Vegan, Paleo, Breakfast, Lunch, Dinner) The Ultimate Pressure Cooker Cookbook: Ingenious & Delicious Meals All In One Cooker (Instant Pot, Instant Pot Slow Cooker, Pressure Cooker Cookbook, Electric Pressure Cooker, Instant Pot For Two) Instant Pot: The AMAZING Pocket Cookbook for Instant Pot Cooking (1,500 Bonus Recipes! Instant Pot, Instant Pot Recipes, Instant Pot Cookbook, Pressure Cooker Recipes, Pressure Cooker Cookbook) Instant Pot Electric Pressure Cookbook: Incredibly Easy & Healthy Mouthwatering Instant Pot Recipes For Quick Scrumptious Meals (Instant Pot, Instant Pot Cookbook, Electric Pressure Cooker, Paleo) Instant Pot Cookbook: The Quick and Easy Pressure Cooker Guide and The Best Collection Of Delicious Instant Pot Recipes(slow cooker cookbook, crock pot recipes,Electric Pressure Cooker cookbook) Crock Pot: Everyday Crock Pot and Slow Cooker Recipes for Beginners(Slow Cooker, Slow Cooker Cookbook, Slow Cooker, Slow Cooker Cookbook, Crockpot Cookbook, ... Low Carb) (Cookbook delicious recipes 1) Slow Cooker Recipes: 2,000 Delicious Slow Cooker Recipes Cookbook (Slow Cooker Recipes, Slow Cooker Cookbook, Slow Cooker Chicken Recipes, Slow Cooker Soup Recipes) Instant Pot Cookbook: 30 Top Vegan Recipes for Instant Pot Pressure Cooker: Cook Healthier And Faster (Instant Pot Cookbook Paleo, Instant Pot Weight Loss ... Instant Pot Chicken Recipes, Slow Cooker 5) Instant Pot: 365 Days of Instant Pot Recipes (Fast and Slow, Slow Cooking, Chicken, Crock Pot, Instant Pot, Electric Pressure Cooker, Vegan, Paleo, Breakfast, Lunch, Snack, Healthy Slow Cooker Dinner) Instant Pot Cookbook: 101 Healthy and Easy Instant Pot Recipes For Your Pressure Cooker (Instant Pot Cookbook, Pressure Cooker Recipes Book, Vegan Instant Pot Cookbook) Slow Cooker Cookbook: 1001 Best Slow Cooker Recipes of All Time (Slow Cooking, Slow Cooker, Meals, Chicken, Crock Pot, Instant Pot, Electric Pressure Cooker, Vegan, Paleo, Breakfast, Lunch,

Dinner) Power Pressure Cooker XL Cookbook: The Quick And Easy Pressure Cooker Cookbook
~ Simple, Quick And Healthy Electric Pressure Cooker Recipes (Electric Pressure Cooker
Cookbook) Power Pressure Cooker XL Cookbook: The Quick And Easy Pressure Cooker Cookbook
~ Simple, Quick And Healthy Electric Pressure Cooker Recipes (Electric Pressure Cooker
Cookbook) (Volume 1) Slow Cooker Cookbook: 1001 Best Slow Cooker Recipes of All Time (Fast
and Slow Cookbook, Slow Cooking, Crock Pot, Instant Pot, Electric Pressure Cooker, Vegan, Paleo,
Dinner, Breakfast, Healthy Meals) Instant Pot Cookbook: Healthy and Tasty Vegan Instant Pot
Recipes for Electric Pressure Cooker! (Instant Pot Recipes - Instant Pot® Electric Pressure
Cooker)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)